## DR. AMBEDKAR COLLEGE, DEEKSHABHOOMI, NAGPUR DEPARTMENT OF PSYCHOLOGY

## Guest Lecture and Poster Competition on the Occasion of World Suicide Prevention Day Date: 12 September 2019

## DR. AMBEDKAR COLLEGE, DEEKSHABHOOMI, NAGPUR DEPARTMENT OF PSYCHOLOGY

## Notice

On the occasion of World Suicide Prevention Day, Department of Psychology & Psycho-Social Counseling cell has organized guest lecture on Suicidal tendency in youth and Prevention on 12<sup>th</sup> September 2019 in Room No. 1. The Guest Speaker for this program is a renowned Psychiatrist Dr. Sushil Gawande.

Department of Psychology Ms. Mangala Waghmare Ms. Rohini Meshram Principal
Mr. R. V. Patil
Officiating Principal
Dr. Ambedkar College,
Deekshabhoomi,
Nagpur.

On the occasion of World Suicide Prevention Day, Department of Psychology and Psychosocial Counseling cell organized a Guest lecture on "Suicidal Tendency and Prevention" as well as Poster Presentation Competition on the same topic on 12<sup>th</sup> September 2019. The guest speaker was renowned Psychiatrist Dr. Sushil Gawande, Nagpur. He also acted as a judge for Poster Presentation Competition. Principal Shri. R. V. Patil was the Chairperson of the program.

On this occasion, Dr. Sushil Gawande expressed his feelings about suicidal tendency in students. He mentioned reasons of suicidal thoughts of that person and his behavior. Suicidal in youth

have many emotional, social, and Economical reasons. Along with it, psychological factors are most important in this aspect. Throwing light on the topic, he said when anybody is not able to cope-up with his problems and feels helpless and then he has no support of family, friend and society and then his thoughts are negative and feeling of loneliness increases. At this stage, he/she is not interested to live. So family friend supports, love and trust is most important for that person.

Suicidal tendency is often seen in youth, because of relationship, failure in Academics, Ragging, Addiction and not facing the problems in family and friends.

Dr. Sushil Gawande insisted students that they are the most responsible persons of the society, So they must be aware about the people having this type of suicidal tendency. He also expressed that medication is also important part of the treatment.

On this occasion, Poster Presentation Competition was carried out successfully by students. Neha Dorle from B.A 1<sup>st</sup> semester has won the first prize , Mr. Saurabh Zade and Mr. Umang Bagade won the Second prize.

As the subject of the program was very sensitive, most of the students attended the program. Students took efforts for success of the program.





